



A MESSAGE FROM THE FOUNDER

Hello!

Thank you for your interest in becoming a Mindology Fitness Trainer (MFT). As a Mindology Fitness Trainer (MFT) you will become a member of a powerful and supportive tribe of men and women committed to global transformation. Please read through this entire document.

Once you have read the information necessary for you to make a powerful decision pertaining to your possible trainer participation, please schedule a call time that works for you.

Thank you again for your interest in becoming a Mindology Fitness Trainer.

Stay Great!

Dr. Troy
Founder of Mindology Fitness

Is starting a Mindology Fitness business right for you?

Mindology Fitness offers global opportunities for individuals interested in providing fun, effective and affordable mind care for others. Mindology Fitness (MF) is a program that is specifically designed to be emotionally engaging and energetically impactful for our participants. While participating in the program, participants are given the tools they need to emotionally self-regulate and to ensure their peace of mind is in their hands at all times.

The majority of Mindology Fitness Trainers are members who are committed to expanding their skills by adding quality programs such as Mindology Fitness to their regimen.

Who can become a Mindology Fitness Trainer?

In order to qualify to become a Mindology Fitness Trainer Candidate, you must meet ONE of the following 3 criteria:

1. Anyone who has completed a minimum of "3" Mindology Fitness Classes (*with a certified Mindology Fitness Trainer*)
2. You completed a minimum of 2 years of accredited psychological studies
3. You are a certified life coach, meditation or yoga instructor

Special consideration given to those who are participants or graduates of the following programs and institutions: Agape Spiritual Center Practitioners, Pacifica Graduate Institute, Landmark Introduction Leadership Program, Landmark Team Leadership Program, University of Santa Monica, HeartMath Institute, Rythmia Attendee, Assistant or Plant Medicine Student.

Do you admit members outside the US?

Absolutely! Mindology Fitness is a global organization.

How much does it cost to complete a Mindology Fitness Training workshop?

The tuition for this training workshop is \$1,500.00 USD. The yearly licensing fee is \$150.00 USD which is to be paid in full within 90 days of verification as a Mindology Fitness Trainer and annually thereafter.

What about additional training?

FREE monthly support calls and trainings are included in the price of your annual dues. There will also be annual retreats for a fee that will include introductions to new programs, training workshops on current programs, guest speakers and more.

What are the total expenses start-up expenses involved in becoming a Mindology Fitness Trainer?

Tuition \$1,500.00 USD

Fitness Trainer Insurance (mandatory) approx \$129.00 USD per year

What are my next steps?

Please book your screening call on the "Become a Trainer" page on the website <https://www.mindologyfitness.com/become-a-trainer>

Final steps, if you are approved to participate in the course, is to pay your tuition and obtain fitness trainer insurance as soon as possible.

Thank you for considering Mindology Fitness as a possible pathway to fulfilling your commitment to making a difference in the lives of others - all while making a fantastic living for yourself!

GodSpeed!